

MUCOID PLAQUE



**The Hidden Danger and
How to Eliminate it**

Did You Know...?

Nobel Prize Nominee, Doctor Bernard Jensen, DC, ND, Ph.D.

“In the 50 years I’ve spent helping people to overcome illness, disability and disease, it has become crystal clear that poor bowel management lies at the root of most people’s health problems.”

Dr. Harvey Kellogg, M.D. of the Kellogg Sanitarium

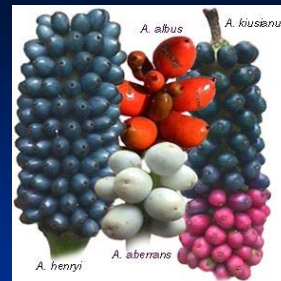
“90% of the diseases of civilization are due to improper functioning of the Bowels.”

“Of the 22,000 operations that I have personally performed, I have never found a single normal colon”

Dr Victor Irons

“The cause of most conditions of ill health is autointoxication and that 95% of their troubles start in the colon.

Millions Years – *Hunter/Gatherers*



For hundreds of thousands of years (or more), Man lived a very simple and frugal lifestyle living off the land eating wild fruits and berries. He was also very active running around chasing or being chased by wild animals.....

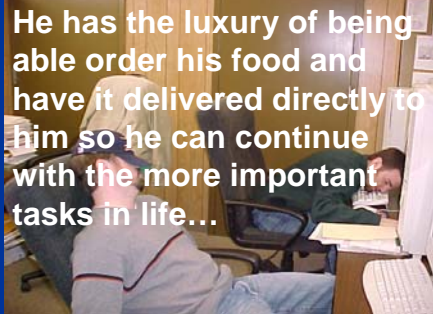
10,000 Years – *Peasant Farmers*



As he evolved he developed farming skills and animal husbandry. He worked the land daily to grow his own natural organic food maintaining a simple but healthy lifestyle.

Today – *Modern Lifestyles*

Fortunately, today's man no longer has to face such gruelling challenges...



He has the luxury of being able to order his food and have it delivered directly to him so he can continue with the more important tasks in life...

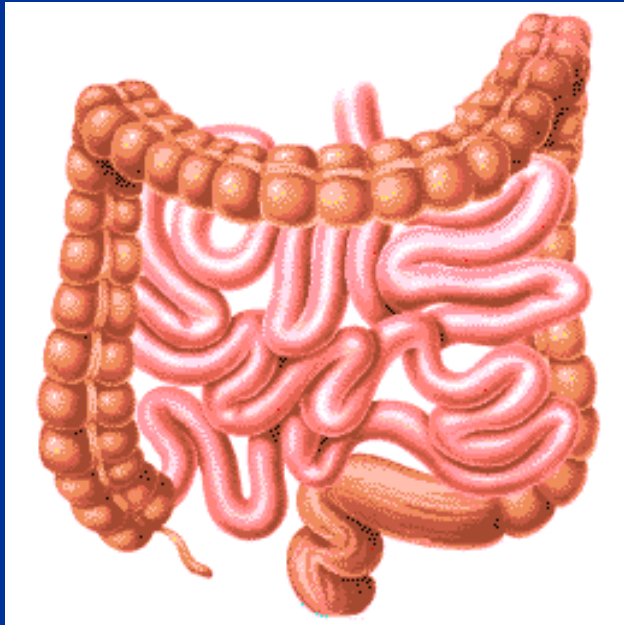
And thankfully there's no shortage of it either...



The Problem is...

“The Human Digestive System Was Not Designed For A Modern Diet”

For 99.9% of Man’s existence, his digestive tract has developed to assimilate **simple organic foods**. Not...

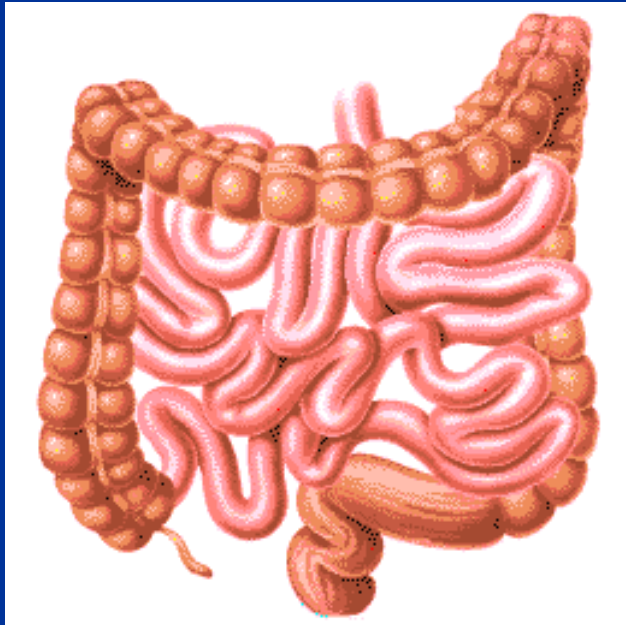


- Man Made
- Mass Produced
- Refined
- High-Fat, High-Sugar
- Hi-Cholesterol
- Modified
- Processed Food

FACT – “The modern diet has introduced over 2000 man-made chemicals into the human body”

The Problem is...

“The Intestinal Tract Is The Hub Of Our Entire Body”



All organs, glands, nervous system, Immune system even our cells are totally dependent upon a good functioning digestive system.

If we are not getting the right nutrition then our health is severely compromised, especially if the food isn't being digested properly.

Digestion – *How it works*

Contrary to what most believe, the body does not DIGEST food. This task is carried out by microbes we call **GOOD BACTERIA**.



Good Bacteria

80%

Digestion



Nutrients

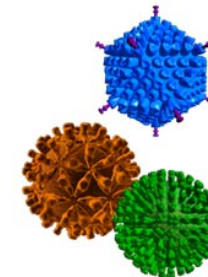
This 'digestion' process carried out by the Good Bacteria produce the **nutrients** our bodies need.



Bad Bacteria

20%

**Fermentation /
Putrefaction**



Toxins

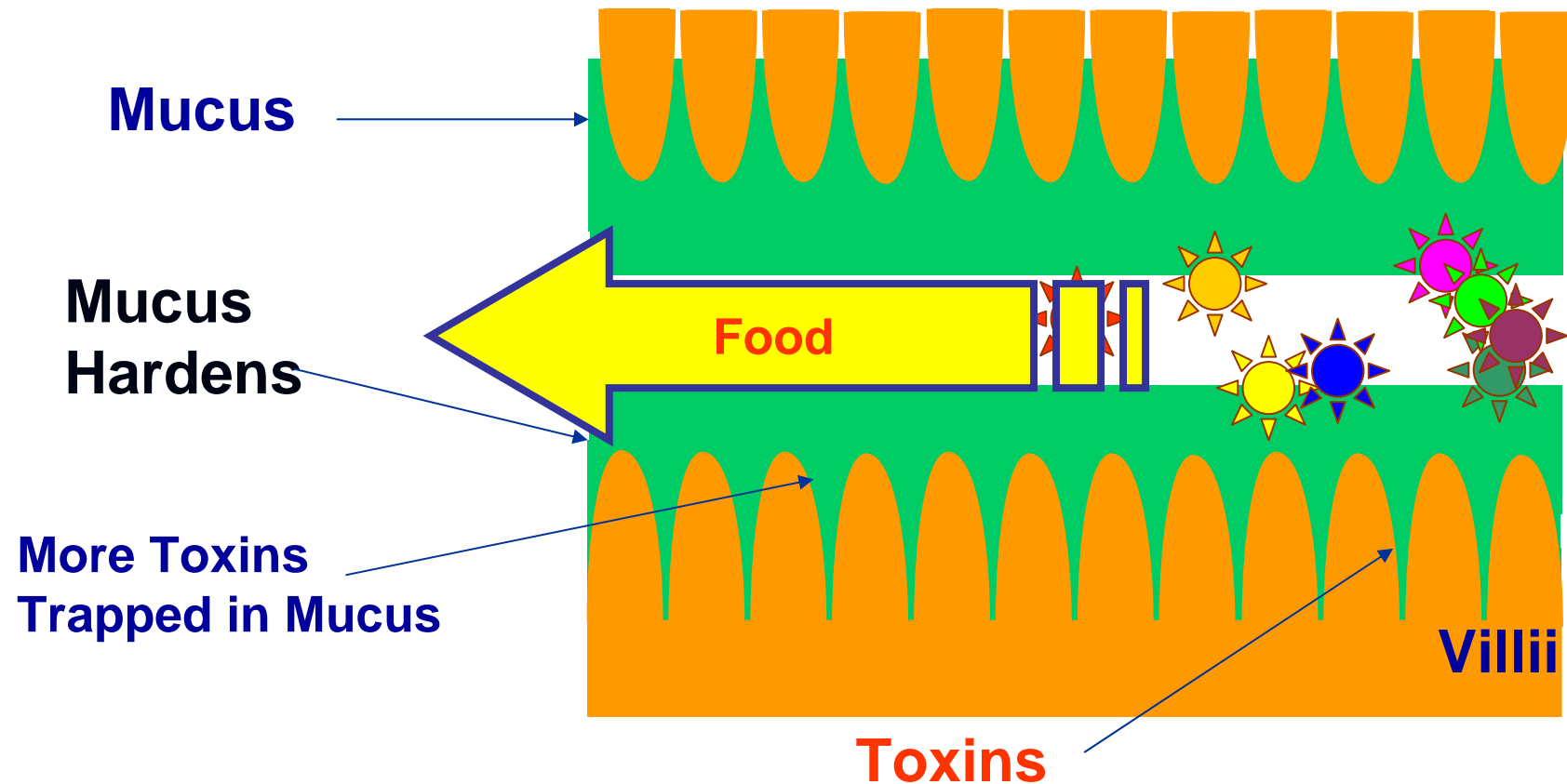
Our body is also a great place for **BAD BACTERIA** to live in.

Unlike the Good Bacteria, this process is called Fermentation or Putrefaction (Rotting) which produces **Toxins**. These our bodies **DO NOT** Need!

Toxins – *The Elimination Process*

As the food is assimilated by the bacteria in our intestines, **Toxins are** a thick layer of **MUCOID PLAQUE** trapped in the 'Villi' to prevent absorption into the blood stream

This leads to **more Mucus** being produced **over the existing layers**. This process continues as the layers of **MUCOID PLAQUE** build up over the years to form a thick lining over the Intestinal Walls.



Mucoid Plaque

This Mucoid Plaque is eventually made up of ...

- Decaying food
- Undigested meat
- Faecal matter
- Drugs
- Heavy metals
- Parasites



Close Ups
longer pieces

Two photographs are shown side-by-side. The left one shows several small, dark, irregular pieces of mucoid plaque scattered on a white surface, with a ruler visible on the left side for scale. The right one shows a larger, more elongated piece of mucoid plaque being held by a wooden stick, with a ruler visible on the left side for scale.

**“The Average Person
Has 7 – 25 Pounds
of Mucoid Plaque”**

**According To Autopsies
“John Wayne Had 40 Pounds
Of Mucoid Plaque And Elvis
Had 60 Pounds”**

- USA TODAY (11 Jan 1999)

Mucoid Plaque

The Effects

Limits Nutrient Absorption
in the bowels

Damage of the Intestine Walls

Immune System is working to
keep bowels clean – **cannot**
support other parts of body

Prevents weight loss – **body**
cannot handle additional toxins

Auto Toxaemia – The high
levels of toxins in the
intestines leads to a **Self**
Intoxicating system

Constipation

Appendicitis

Diverticulitis / Diverticulosis

Haemorrhoids

Benign Tumours

IBS (including Spastic Colon)

Ulcerative Colitis

Crohn's disease

Diabetes

What The Experts Say...

Dr Victor E. Irons

*“I challenge the world that **you couldn’t find in the USA, 1000 people who don’t have a clogged colon.** We can prove that we can find hardened mucous with its foul smelling curd in the colons of **95% of the entire nation.**”*

Dr. George C. Crile, (Head of Crile Clinic, Cleveland)

*“**There is no natural death.** All deaths that come from so-called natural causes are merely the end point of progressive acid saturation. However, if they would take care of their body and cleanse their colon and intestines, **their problems would be pretty much eliminated.**”*

Sir Arbuthnot Lane MS, FRCS, (Surgeon for the King of England)

*“**The poisons thus generated in the bowel pollute the bloodstream, causing every tissue, gland, and organ of the body to gradually deteriorate and be destroyed.**”*

Real Life Cases From Medical Journals

Dr. H. J. Bartle found in a study of 50 cases of intestinal toxemia that 72% of those cases had constipation.

Dr. Satterlee found 84% of his patients had constipation when they had intestinal toxemia. This indicates that serious bowel disease is associated with having constipation

Dr. J.F. Burgess, Montreal General Hospital, reports the results of studying 109 cases of eczema. He states, "On the basis of clinical observations and sensitivity tests, eczema is probably caused by intestinal toxemia."

Dr. Allan Eustis, M.D., Professor at Tulane University of Medicine in 1912, cured 121 cases of bronchial asthma by intestinal cleansing

Dr. D. Rochester, M.D., in 1906, said that after 23 years of observation, toxemia of gastrointestinal tract origin is the underlying cause of asthma

Dr. Bassler reported that by reducing intestinal toxemia, he had 100% success eliminating cardiac arrhythmia.

Real Life Cases From Medical Journals

Dr. Bainbridge, M.D., stated “Intestinal toxæmia is common among the causing factors of so-called functional heart disease”

Dr. D.J. Barry stated, “There seems little doubt that substances having a deleterious action on the heart musculature and nerves are formed both in the small and large intestine, even under apparently normal circumstances.”

Dr. Hovel stated that “Toxæmia due to intestinal sepsis is a common cause of increased blood pressure.”

Dr. Francisco MacDonnell, MD, Ph.D., ND, PP., stated, “Many times when practicing autopsies on people who died from chronic illnesses, I have always found a thick layer of organised mucus-like hardened material all over from the tongue down to colon. Usually it is more common among milk drinkers and meat eaters.”

Dr. Herter, M.D., in 1892, linked intestinal putrefaction to epilepsy in 31 patients. He stated, “I had one doctor who had epilepsy take the cleanse. She had her last seizure during the cleanse but five years later reported no other signs of epilepsy.”

Parasites in the Human Body

*“In recent medical studies, it has been estimated that **85% of the Western adult population** has at least **one form of parasite** living inside their bodies. Some authorities say it may be as high as 95%.”*

*“There exist **over 1,000 species of parasites** which can live in your body, however tests are available for approximately 40 to 50 types.”*

*“There is **no part of the human body** which is not visited by some kind of parasitic animal at some time or another, during their life histories”*

“Animals Parasitic in Man” by Geoffrey Lapage

Parasites – What They Do

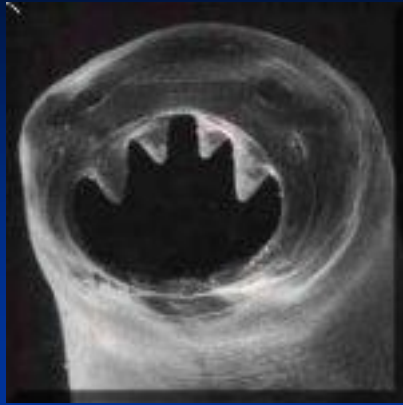
*“Parasites are **difficult to detect** because it’s in their nature to remain hidden”*

They do 3 things:

- **Eat** Nutrients from body. Smaller ones can travel around the body and eat directly from cells
- **Lay Eggs** Reproduce quickly – 1 million eggs / day
- **Secrete** Toxins to attract food, weakens Immune System, can cause Chronic Fatigue Syndrome

“Parasites can live up to 30 years in the body”

Types of Parasites



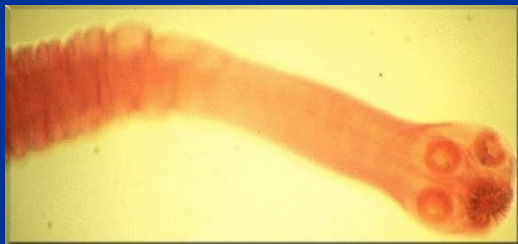
Hook Worm

- 25% of world population infected
- Hookworms bite and suck on the intestinal wall – leads to necrosis (death of tissue)
- Also can cause Iron deficiency and Anaemia



Tape Worm

- Largest worm in body, up to length of 33 feet or more
- Tapeworms can also cause water retention
- Can cause anaemia – interferes with vitamin B12
- Besides tapeworms from beef, pork and fish, you can get tapeworms from dogs when it licks your face or hands.



Types of Parasites

Pin Worm



- very infectious
- cause a lot of itchiness in the anal area.
- deposit their eggs mostly at night,
- contaminating pyjamas and bed linen.

Round Worm



- Inject a digestive fluid which converts the colon tissue into liquid which the worms suck up
- 1 in 4 people in world infected – causes fever, cough and intestinal problems
- Nutritional deficiencies are seen in heavy roundworm infections



**A Worm found
in a body**

Dr. William Kelley, famous cancer specialist says:
“I find **parasites in 92%** of people. Everybody - rich and poor –
the whole population have parasites.”

- U.S. spends more than **\$US800 million a year** on cancer research.
- The world combined spend **less than \$4 million** a year studying parasitic diseases.
- However all agree on one thing - toxins and poisons in the body **cause chronic irritation** of tissues which **results in cancer**.

***The Following Products aid elimination of
Mucoïd Plaque and Parasites***

